

DOCTOR Q&A

QUESTIONS YOUR DOCTOR MAY ASK YOU

- When did you begin experiencing rosacea symptoms?
- How often do you experience those symptoms?
- Have your symptoms been continuous or occasional?
- Have you noticed that your symptoms get worse after eating certain foods, or doing certain activities?

QUESTIONS TO ASK YOUR DOCTOR

- Could my symptoms be signs of rosacea?
Symptoms can include: facial redness, red bumps, visible blood vessels, thicker skin, or irritated eyes.
- “My symptoms make me feel”... Tell your doctor if your rosacea symptoms are making you feel insecure, more hesitant, embarrassed, or are disrupting your schedule.
- What can I do to help prevent flare-ups?
- How can I identify my rosacea triggers? And how do I avoid those triggers in the future?
- I have other medical problems, will my medication for those conditions cause any interactions?
- What skin care routine do you recommend I use?

Of course, don't hesitate to ask any other questions that come up during your appointment.